



AMENDMENTS TO TECHNICAL RULES, COMPETITION RULES
(in force from 1 November 2019)

RULE 261: Events for which World Records are Recognised	
Amendments in bold	Approved Amended Rule
<p>...</p> <p>Women</p> <p>Running, Combined and Race Walking Events:</p> <p>F.A.T. only: 100m; 200m; 400m; 800m; 100m Hurdles; 400m Hurdles; 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay; Heptathlon; Decathlon.</p> <p>F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 20,000m; 1 Hour; 25,000m; 30,000m; 3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 10,000m; 20,000m; 50,000m^o.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km*; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 50km.</p> <p>...</p> <p>*Initial record to be recognised after 1 January 2018.</p> <p>^oInitial record to be recognised after 1 January 2019. The performance shall be better than 4.20:00.</p>	<p>...</p> <p>Women</p> <p>Running, Combined and Race Walking Events:</p> <p>F.A.T. only: 100m; 200m; 400m; 800m; 100m Hurdles; 400m Hurdles; 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay; Heptathlon; Decathlon.</p> <p>F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 20,000m; 1 Hour; 25,000m; 30,000m; 3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 10,000m; 20,000m; 50,000m^o.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km*; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 50km.</p> <p>...</p> <p>*Initial record to be recognised after 1 January 2018.</p> <p>^oInitial record to be recognised after 1 January 2019. The performance shall be better than 4.20:00.</p>